

LEVEL 1 GROUND PATTERN: Test C

1. Take your horses halter off.
2. Rub your horse on both sides.
3. Ask your horse to touch your hand.
4. Have your horse follow you walking forward 5 steps.
5. Put your halter back on.
6. Forehand turn left (push your horse's haunches to the right) 180-degree turn
7. Walk approx. 10ft in a straight line and then preform 2 changes of direction (S Pattern = draw your horse towards you and the switch sides of your horse, walk a couple of feet and then draw and switch sides again). When finished you will still be on the right side of your horse facing the same direction as when you started.
8. Pick up each hoof while your horse stands.
9. Forehand turn right (push your horse's hips to the left.)
10. Walk a straight line on the right side of your horse, approx. 10ft, turn a 90-degree square turn right and walk another approx. 10ft.
11. Reposition your horse so you can back up between two cones placed 5ft apart while on the left side of your horse – back up all the way through the cones then turn around and walk forward a couple of steps
12. Boomerang around a cone to the right (send horse around the cone and then draw the horse to you). Continue on the right side of your horse walking past your boomerang cone, so you are now in open space
13. Send your horse on a circle to the right at the walk and then change directions and send them on a circle to the left at the walk. Draw your horse to you to finish.
14. Ask your horse to lower their head.

