

## Level 1 Building Confidence: Test C

1. Halt and rub your horse on both sides with a plastic item (bubble wrap, plastic bag, shower curtain, or plastic sheeting)
2. Walk on your horse's left side over a row of 4 poles placed 4 feet apart. They can be poles, posts or even logs.
3. Place a stuffed animal or a feed sack and give it a pony ride for about 10ft at the walk (if it falls off that is okay).

